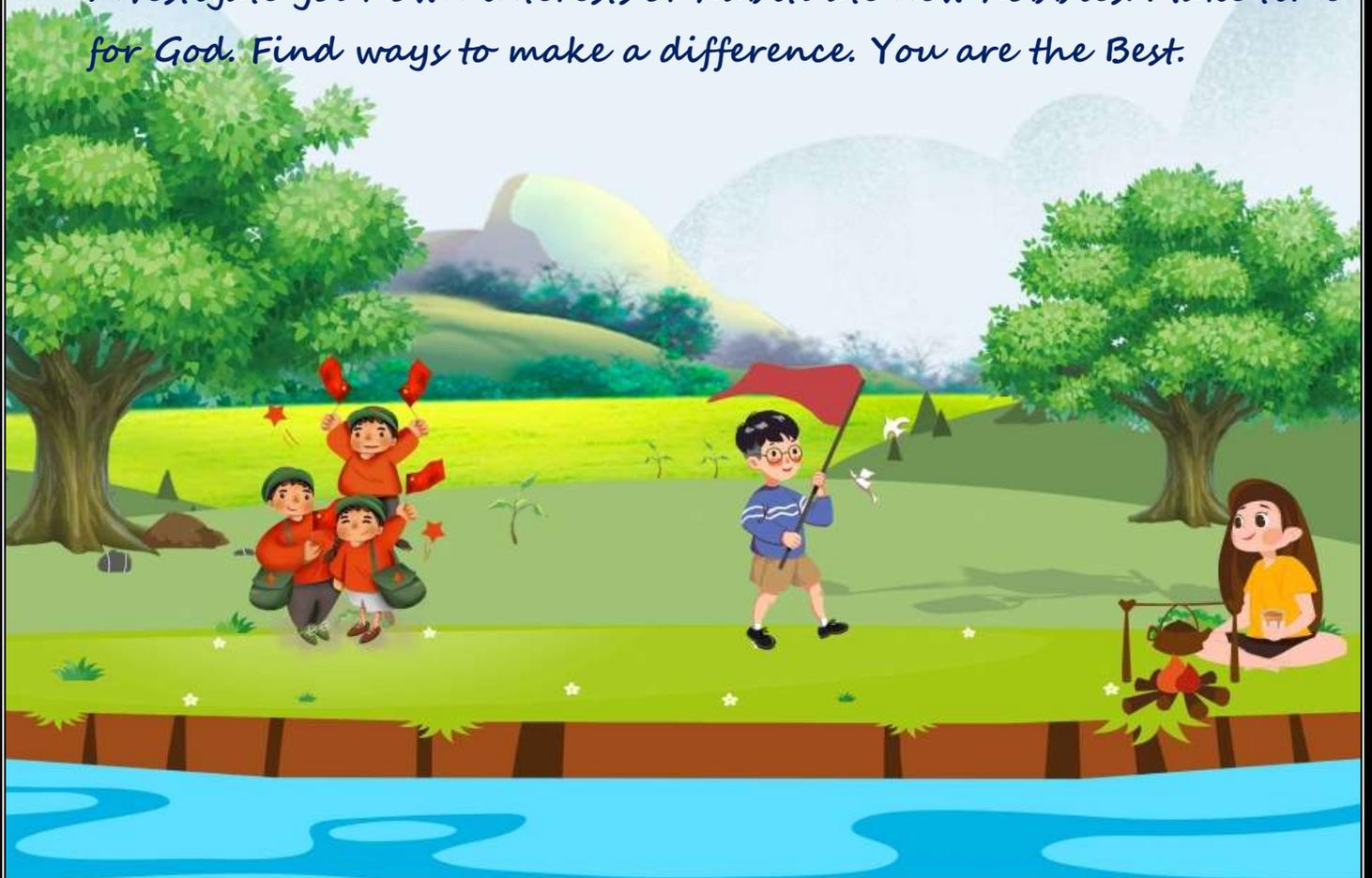




SCOTSPINE
INTERNATIONAL SCHOOL



Dear pals, the most awaited summer holidays are here! You matter, and we will miss you for the next few days. Stay safe and be kind to your family, indulge in some physical activities prepare fruit salad with Mom, try milk shakes and desserts. Investigate your own interests or habituate new hobbies. Make time for God. Find ways to make a difference. You are the Best.





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SUMMER DIARY

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Activities to keep you grow

Family Tree– helps you to know about the relationships which are necessary for an individual. Family history research helps you to learn about roots, your cultural connections, ethnic identity and can help you to find belonging. Prepare a family tree using pictures of all the family members.



Family handprint frame– This is a fun family activity to celebrate your entire family. Making a set of family handprints is beautiful and a special keepsake to treasure.



My daily journal – Writing a diary can help you cope with the changes and focus better on important things. Maintaining a journal is not just about writing down the events of your daily routines. Similarly, in the case with writing down your goals. When you write things down, your brain tends to remember them as important things.



Bird feeder - Bird feeders provides an uninterrupted supply of food. Make hand make bird feeder from unused bottles or bowls.



T-shirt painting - Try this activity, paint your favorite names and pictures on your T- shirts and share your experience in June.



Mask making- Try your hand in mask making. Use clean clothes from your house and make mask for yourself and family members.



Do's

- Work independently.
- Have healthy snacks.
- Identify your belongings and be responsible.
- Fold clothes and arrange your room.
- Wake up early in the morning.
- Do some physical exercise.
- Wear mask while going out.
- Read Story books.
- Sleep early at night.

Don'ts

- Don't watch television for long hours.
- Don't quarrel with siblings
- Don't get up late in the morning.
- Don't throw your things everywhere.
- Don't play with fire / sharp things.
- Don't indulge in mobile games.

Hope you will use your holidays earnestly by enjoying and building bond with Family members and by improving your hobbies and creative skills. We love you and care for you dear children. We will be waiting to see you when you get back.

